

Press Release from Center for Addiction Medicine, Chuwatar  
Counseling Program at Awake Rehabilitation Center

Assam Lingzey, 08 January 2026: The Center for Addiction Medicine, Chuwatar, in collaboration with Nasha Mukht Sikkim Abhiyaan and the Social Welfare Dept, conducted a special counseling and awareness program at Awake Rehabilitation Center, Assam Lingzey, on 8th January 2026. The program was attended by Zilla Panchayat Shri Suren Subba, Ward Panchayat Smt. Bal Kumari Sharma, Local ASHA worker Smt. Manu Kumari Rai, along with officials from the Social Welfare Dept, healthcare professionals, rehabilitation center staff, and the admitted patients.

The program featured distinguished resource persons including Shri Mahesh Sharma, Additional Director, Social Welfare Dept; Dr. Satish Rasaily, Addiction Medicine Specialist, Dept. of Health & Family Welfare; De-addiction Psychologist and Nurse Miss Ranju Chettri; and Mrs. Anamika Pariyar.

As part of the program, Shri Mahesh Sharma from the Social Welfare Dept and Dr. Satish Rasaily conducted an inspection of the rehabilitation facility, during which they reviewed the treatment modalities, daily schedule, and overall services provided to recovering substance users. Addressing the patients, Shri Mahesh Sharma emphasized the pivotal role of the Social Welfare Dept in strengthening de-addiction and rehabilitation services and highlighted the importance of relapse prevention, continuous follow-up, and social reintegration for long-term recovery.

Dr. Satish Rasaily conducted an interactive session where patients discussed repeated relapses despite multiple treatment attempts. He explained that addiction is a chronic, relapsing medical disorder requiring continuous treatment, counseling, and adherence to medications, similar to other long-term illnesses such as hypertension and diabetes.

The program was also addressed by Zilla Panchayat Shri Suren Subba, who appreciated the coordinated efforts of the Social Welfare Dept, Health Dept, and rehabilitation center staff in helping individuals reclaim their lives and dignity.

Local ASHA worker Smt. Manu Kumari Rai briefed the gathering on the harmful effects of alcohol and drugs on individuals, families, and society.

Miss Ranju Chettri and Mrs. Anamika Pariyar conducted psychosocial assessments and de-addiction counseling for all admitted patients, offering therapeutic interventions to help them cope effectively with recovery-related challenges.

The program concluded with a vote of thanks by Mr. Ganesh Sapkota, who shared his vision of strengthening the center through innovative and collaborative approaches involving doctors, psychologists, nurses, and the Social Welfare Department.